



McDonalds

# 2015 Central Queensland Swimming Championships 6<sup>th</sup> - 8<sup>th</sup> March 2015



Venue: World War 2 Memorial Pool, 1 Lion Creek RD, Rockhampton

**Nominations Close:** Monday 23rd February 2015

Bank Details: BSB: 484799 Acc: 601417622

Email entries to Susan Brown: susangbrown@hotmail.com.au

Enquiries to: Susan Brown Ph 0427 732 557

**Nomination fees**

Individual Events: \$6.00

Relay Team: \$12.00

**Nominations will not be accepted if QT's are not met  
Late nominations will not be accepted.**

## CQ Allcomers Record – Total Prize Pool \$2000

Swimmers (plus club & coach) will receive a share of this prize pool for each CQ Allcomers record broken at the 2015 CQ Championships

### FRIDAY

Gates open at 4.30pm.  
First Event commences at 5.30pm.

#### SESSION 1 – Friday Evening

F	M	Age	Dist	Stroke
1	2	8-12Yrs*	400m	Free
3		Open*	800m	Free
	4	12-13 Yrs*	800m	Free
	6	Open*	1500m	Free

### GENERAL CONDITIONS

Entry fees must be received prior to the Championships. Account details above.

**TM/MM Meet Entries Report (by name) & Meet Entry Fees Report (both saved as a word doc & emailed to above address, then post hard copy of Entry Fees Report) Please ensure ALL details including "PLACE AND DATE QUALIFYING TIME WAS ACHIEVED" are completed. On TM reports please tick "Include Proof of Time". CLUB NIGHT TIMES WILL NOT BE ACCEPTED.**

Swimming Queensland Rules & By-Laws apply to the meet  
The Meet is open to CQ registered swimmers

Age group of competitors for the Meet is the age as at the first day of competition (ie. 6th March 2015).  
Only qualifying times used after 1/12/2013 may be used to nominate  
Swimming 'up' is not permitted (open events excepted)

Multi Class swimmers' classification code should be provided with their nomination. As MCS have limited opportunity to qualify for events they will not be required to meet qualifying times when swimming in the able body events.

Swimmers in 7 & under events will be awarded Ribbons. They will not compete for aggregate awards nor score points in the club team competitions and Rule Tolerance will be applied to this age division

### AWARDS

#### RIBBONS

SQ participation Ribbons will be awarded to 10yrs & U non-medal winners.

#### MEDALS

Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>. Multi Age events will be awarded medals as per placings. This does not include Open events

#### AGE AGGREGATE AWARDS & POINTS

Age Aggregate & Runner-up prizes will be awarded to the following age groups:

8yrs, 9yrs, 10yrs, 11yrs, 12 yrs, 13 yrs, 14 yrs, 15yrs, 16yrs & 17&Over, 12yrs & Under MCS, and 13yrs & Over MCS

1st - 6 Points, 2nd - 3 Points, 3rd - 1 Point.

All individual events offer points for Age Aggregate & Runner Up prizes. Multi Age events will be separated to distribute age points (this does not include Open Events)

### SPECIAL INDIVIDUAL EVENT AWARDS

**Bill Sweetenham Trophy** – Men & Women 400M

**Nev Hamilton Trophy** – Women 800m Free

**John Allen Trophy** – Men 1500 m Free

**Vorley Newman Trophy** – Highest point male or female 9YRS

**Railway SC 7&U Participation Award** – All competitors to receive award

### CLUB AWARDS

**Martin Hanson Trophy** – High Point Club

Points will be scored as follows for 1<sup>st</sup> to 16<sup>th</sup> in the individual events.

35, 30, 26, 23, 20, 17, 14, 11, 8, 7, 6, 5, 4, 3, 2, 1,

Relay events do not score any points

**Applied Chemical Trophy** - High Point Club for Finals

15, 10, 7, 5, 4, 3, 2, 1

Relay events do not score any points

### SATURDAY

Gates open at 6.30am.

First Event commences at 8.00am.

#### SESSION 2 – Saturday Morning

F	M	Age	Dist	Stroke
7	8	13/14*	200m	IM
9	10	15 & Over*	200m	IM
11	12	8-10Yrs*	200m	IM
13	14	11/12*	200m	IM
15	16	7 & Under*	50m	Fly
17	18	7 & Under*	50m	Breast
19	20	8*	50m	Fly
21	22	11 & Over	50m	Breast
23	24	9	50m	Fly
25	26	10	50m	Fly
27	28	11	100m	Fly
29	30	15	100m	Fly
31	32	16	100m	Fly
33	34	17 & Over	100m	Fly
35	36	12	100m	Fly
37	38	13	100m	Fly
39	40	14	100m	Fly
41	42	15 & Over*	200m	Breast
43	44	MCS 12 & U*	50m	Fly
45	46	MCS 12 & U*	50m	Back
47	48	MCS 13 & O*	50m	Fly
49	50	MCS 13 & O*	50m	Back
51	52	11 & Over	50m	Back

#### LUNCH BREAK

#### SESSION 3 – Saturday Afternoon

F	M	Age	Dist	Stroke
53	54	8-10Yrs*	100m	Free
55	56	13 & Over*	400m	Free
57	58	11/12*	200m	Breast
59	60	13/14*	200m	Breast
61	62	11 & Over	50m	Fly
63	64	7 & Under*	50m	Back
65	66	7 & Under*	50m	Free
67	68	8*	50m	Back
69	70	9	50m	Back
71	72	10	50m	Back
73	74	11	100m	Back
75	76	15	100m	Back
77	78	16	100m	Back
79	80	17 & O	100m	Back
81	82	14	100m	Back
83	84	13	100m	Back
85	86	12	100m	Back
87	88	15 & Over*	200m	Free
89	90	MCS 12 & U*	50m	Breast
91	92	MCS 12 & U*	50m	Free
93	94	MCS 13 & O*	50m	Breast
95	96	MCS 13 & O*	50m	Free
97	98	11/12*	200m	Back
99	100	8-10Yrs*	100m	Back
101	102	7 & Under*	100m	Free
103	104	13/14*	200m	Back
105	106	15 & Over*	200m	Back
107	108	Open*	4 x 50m	Medley Relay
109	110	8-12Yrs*	4 x 50m	Medley Relay

### SUNDAY

Gates open at 6.30am.  
First Event commences at 8.00am.

#### SESSION 4 – Sunday Morning

F	M	Age	Dist	Stroke
111	112	Open*	400m	IM
113	114	8-10Yrs*	100m	Fly
115	116	11/12*	200m	Fly
117	118	13/14*	200m	Fly
119	120	8*	50m	Breast
121	122	11 & Over	50m	Free
123	124	9	50m	Breast
125	126	10	50m	Breast
127	128	11	100m	Breast
129	130	12	100m	Breast
131	132	13	100m	Breast
133	134	14	100m	Breast
135	136	15	100m	Breast
137	138	16	100m	Breast
139	140	17 & Over	100m	Breast
141	142	8*	50m	Free
143	144	9	50m	Free
145	146	10	50m	Free
147	148	14	100m	Free
149	150	15	100m	Free
151	152	16	100m	Free
153	154	17 & Over	100m	Free
155	156	13	100m	Free
157	158	12	100m	Free
159	160	11	100m	Free
161	162	8-10Yrs*	100m	Breast
163	164	15 & Over*	200m	Fly
165	166	13/14*	200m	Free
167	168	11/12*	200m	Free
169	170	8-12Yrs*	4 x 50	Free Relay
171	172	Open*	4 x 50	Free Relay

### GENERAL INFORMATION

- MCS may also contest Open events in addition to their Multi Class Events
- Events 17, 18, 45, 46, 49, 50, 65, 66, 91, 92, 95, 96, will be swum in the finals sessions
- No award, team points or individual points will be given if qualifying times are not met
- Finals to the heat swims of each session will commence 30 minutes after the last event of that session
- Relays will be conducted in the final sessions
- Events Marked with an asterisk are Timed Finals
- Events may be amalgamated at the discretion of the Referee and Meet Director